

January 31st, 2010



A. FOUR SIGNS OF ADDICTION

1. CHANGES in behaviour and body.

2. Uncontrolled CRAVINGS.

3. Constant FATIGUE.

4. OBSESSIVE thoughts. Genesis 4:1-7

B. THREE KEYS TO UNLOCKING ADDICTION

1. TURN to God. Romans 6:12, 13b, 14 Acts 3:19

2. Find ACCOUNTABILITY. James 5:16

ADDICTIONS

3. Create a climate of ACCEPTANCE.

2 Corinthians 10:4-5

C. WEAPONS TO DEFEAT YOUR ADDICTIONS

1. IRRATIONAL obedience.

2. CONFIDENCE in God's Word.

3. MILITANT prayer.

D. TAKING IT HOME

1. Have you surrendered your life fully to God? If you're struggling with any "addiction" what is one step that you can take to intentionally turn to God?

2. Who do you share "the final 10%" with? If you don't presently do that, write the name of the person who you will share the final ten with beginning this week?

3. In what area do you need to practice "irrational obedience?" _____

4. Drop me a note at the church office or email me at jstewart@fgtchurch.com to let me know how this message spoke to you, and how it has (or will) impact you throughout the coming week.