



January 24th, 2010

Romans 14:23

“Worry is the sin of DISTRUSTING THE PROMISES and the power of God.”

2 Timothy 1:7

A. Three Key Statements About Stopping The Stranglehold Of Worry

1. I WILL DO what God asks me to do.
James 1:22

2. I will give God what I CANNOT DO.
Philippians 4:6-7



3. No matter what happens, I WILL TRUST God.

Matthew 6:33-34 Proverbs 3:5-6

B. TAKING IT HOME

1. What is your biggest worry?

2. What is God asking you to do about your biggest worry?

3. How can you practically and spiritually cast your cares and worries on God? (How does Proverbs 3:5-6 apply to your worries?)

4. Drop me a note at the church office or email me at jstewart@fgtchurch.com to let me know how this message spoke to you, and how it has (or will) impact you throughout the coming week.